



Sunday, 2nd September 2012
Walton Hall Park
12 noon Start

Team Entry Form

This year, the 5K Team Challenge will take place on Sunday, 2nd September 2012 and will be held in Sefton Park, Liverpool. The event categories are either the Open Category, the All Female Category or the Charity Category. The Open Category will consist of 4 person teams, either all male or mixed, there is no restriction providing all members work, or are a member of or are attached to the same company, local authority or community organisation, the Charity, Family and Friends Category is for runners who wish to raise money for their chosen charity and run together as a team.

This event is not restricted to teams from Liverpool and we welcome team challenges from beyond Merseyside.

Although the event is primarily targeted at the workplace, the event accepts teams from the wider community and those raising money for charity as we seek to involve as many people as possible in promoting greater awareness of the benefits of health and fitness.

The 5K Team Challenge promotes health in the workplace.

ENTRY REQUIREMENTS

- i) Entries are accepted from teams of four, all male, all female or mixed with an appointed team captain.
- ii) Each team member must be employed, be a member of, or on attachment to, the same company, local authority or community organisation for a minimum of three months prior to the event. Proof of employment may be required. Teams who wish to raise money for charity and enter into the "Charity Shield" Division, do not need to belong to the same company, organisation etc. They must, however, fulfil the conditions of entry that follow.
- iv) Minimum age of entry is 15 years on 31/08/12
- v) Any changes to team members must be notified by 24/09/12.
Teams making changes after this date will not be eligible for prizes.
- vi) Entries are welcome from disabled participants. Please note for safety reasons, wheelchairs users will be required to start at the rear of the main field.

ENTRY PROCEDURE

Team entry fee is £60.

PLEASE NOTE ONCE ENTRIES ARE ACCEPTED IT IS NOT POSSIBLE TO PROVIDE REFUNDS OR DEFERRALS.

The closing date for postal entry is Friday, 17th August 2012.

Full details concerning what happens on the day and the route will be circulated 2-3 weeks before the event.

Gather your team together, fill in the attached form and send it, together with payment to:

L1310K Ltd, Natterjack Running Centre, 2 North John Street, Liverpool L2 4SA.

Cheques or P/Os should be made payable to: L1310K Ltd.

For further information please contact Yvonne Rothwell at L1310K on 0151-236 8432 or email yvonne@runliverpool.org.uk.

CATEGORIES

Open Category
 Open to teams of Four Males or Mixed.

All Female Category
 Open to teams of Four Females.

Charity, Family and Friends Category:
 Charity Shield teams must fulfil the standard team requirements. They will not be eligible for team prizes but the Charity Shield Division winners will receive a donation of £100 for a charity of their choice and a Charity Shield

ALLOCATION OF PRIZES

The results are determined by the accumulated times of each team member as taken from the clock at the finish. Prizes will be presented to the winning teams and individuals as detailed below.

Please note: only those teams handing in their timesheets by 2.00 pm will be considered.

The following runliverpool prizes will be presented:

- 1st, 2nd and 3rd team to finish in Open Category
- 1st ALL FEMALE team to finish
- 1st male and 1st female to finish overall
- Charity Shield Category winners

1st Male and Female prizes will be presented on the day, and results will also be posted on www.runliverpool.org.uk.

All subsequent category winners will be notified once results are confirmed.

IMPORTANT: After 27th April and up to 4th May, entries can only be taken in person at **Natterjack Running Centre, 2 North John Street, Liverpool L2 4SA.**



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TEAM NUMBER
OFFICIAL USE ONLY

Team Entry Form

Name of Organisation _____

Address of Organisation _____

Postcode _____ Email _____

Daytime Telephone _____
(include dept. or extension)

Nature of Business _____

Name of Team _____

If your company is a member of the Liverpool Law Society please tick

Appropriate Category Open Category All Female Category Charity, Family & Friends Category
(see previous page for Category Descriptions)

TEAM ENTRY DETAILS – EVENT CONFIRMATION WILL BE SENT TO THE TEAM CAPTAIN AT THE ADDRESS LISTED ABOVE

	Event Number (for official use only)	Forename (please type or print)	Surname	Sex (M/F)	D.O.B.	Wheelchair User
Team Captain 1:						
Runner No. 2:						
Runner No. 3:						
Runner No. 4:						

I certify that the team members shown above are employed by/are members of the same company/organisation as defined in the event rules. Please tick where appropriate. I understand that if teams deliberately cheat by entering runners not eligible or by wrongly entering times on the event timesheet they may be disqualified and may not be considered in other events organised by L1310K and The 5K Team Challenge.

PLEASE NOTE ONCE ENTRIES ARE ACCEPTED IT IS NOT POSSIBLE TO PROVIDE REFUNDS OR DEFERRALS.

Signature:

Position:

DISCLAIMER: I accept that I take part in this event at my own risk and that the organisers cannot accept liability for any loss or damage as a consequence of my training for, or taking part in, the Liverpool 5K Team Challenge.

ALL TEAM MEMBERS SHOULD SIGN THE DISCLAIMER BELOW.

Signature of Runners:

No.1

No.2

No.3

No.4

ENTRY FEES: OPEN DIVISION and CHARITY DIVISION: £60.00

A cheque or postal order made payable to L1310K Ltd should be sent with a completed entry form to:

L1310K Ltd, Natterjack Running Centre, 2 North John Street, Liverpool L2 4SA

Payment should be made to L1310K Ltd

Please tick this box if you do not want your name and address to be passed on to companies/event organisers who may have products or events which may be of an interest to you or your company.